

<b>START SHEET</b>							<b>Update on 20110916</b>		
<b>HONG KONG ROAD CYCLING RACE SERIES 1</b>							<b>20110916 更新</b>		
<b>2.9KM HILL CLIMB</b>									
<b>18 SEPTEMBER 2011 (Sunday)</b>									
<b>Organized by Hong Kong Cycling Association</b>									
<b>Subvented by Leisure and Cultural Services Department</b>									
<b>Fei Ngo Shan Road</b>									
<b>Chief Commissaire : Szeto Chi Wing</b>									
<b>Time Keeper : Chan Pak Cheung</b>									
<b>Official : Mandy Yiu</b>									
<b>Distribution of Numbers 分發號碼 : 06:00 - 06:45 (Late arrival will not be accommodated)</b>									
<b>All riders must present themselves for checks on their bicycles 15 minutes before their start</b>									
<b>所有運動員必須於出發時間前15分鐘抵達起點檢查單車</b>									
Record :			Kwok Ho Ting	郭灝霆	07:28.472		14-May-11		
If the no. of participant for each category is less than 5, the related categories will merge with the upper category according to the following order:									
(1)Elite A (2)Junior (3)Master Age 30-39 (4) Elite B (5) Master Age 40-49 (6) Master Age 50 or above									
(7) Youth Age 14-16 (8) Novice (9) Youth Age 11-13 (10) Women (11) Junior Women (12) Master 30-39 Women									
(13) Master 40-49 Women (14) Master 50 or above Women (15) Youth Age 14-16 Women (16) Novice Women									
(17) Youth Age 11-13 Women									
Remarks: Rearrangement will be carried out if the no. of participant increases after on spot entry.									
如每組別的參賽人數不足5名，賽會將根據下列次序把有關組別與上一組別合併：									
(1)精英A (2)青年 (3)壯年30-39歲 (4) 精英B (5) 壯年40-49歲 (6) 壯年50歲或以上 (7) 少年14-16歲 (8) 新秀									
(9) 少年11-13歲 (10) 女子 (11) 女子青年 (12) 女子壯年30-39歲 (13) 女子壯年40-49歲 (14) 女子壯年50歲或以上									
(15) 女子少年14-16歲 (16) 女子新秀 (17) 女子少年11-13歲									
備註：如比賽當天接受即場報名後，參賽人數增加，賽會將把有關組別重申分配。									
All participants must comply fully with the Road Traffic Ordinance, fail to comply will subject to disqualification immediately from the race.									
所有參加者必須遵守交通法例，違者將立刻被取消比賽資格。									

活動當天飛鵝山路將於早上6時30分開始封閉，自駕車前往參加或觀賞比賽的人士，必須於早上6時30分前到達。

**The section of Fei Ngo Shan Road shall be temporary closed at 06:30am on the event day. All participants / spectators if getting there by cars should arrive before 06:30am.**

應警方要求為了避免參賽運動員於落山時與其他車輛及行人發生不必要的碰撞，運動員完成比賽後不准自行騎車經扎山道或沙田坳道落山。會方將安排車輛接送運動員至扎山道、牛池灣街路口。請各會員遵守大會工作人員的指示，違者將被取消比賽資格及有可能被警方票控。

**As requested by Police, all the finished riders are not allowed to ride downhill through Jat's Incline & Shatin Pass Road on their bike in order to avoid collision with other vehicles and road users. HKCA will arrange transportation to pick up the participants to the Junction of Jat's Incline & Ngau Chi Wan Street. Fails to do so will be disqualified by HKCA and**

#### WOMEN, 1 Trophy

Start Time	Race #	Mem #	Name	Chinese Name	Grade	Club	Pick-up	Tra \$	Entry \$	Total \$
7:01	1	538	Fung Wai Man	馮慧敏	3MW	Ind.				
7:02	2	742	Fung Yuk Ki Esther	馮郁淇	2YW	Ind.				
7:03	3	814	Lai Hoi Yan	賴凱欣	2YW	Ind.				
7:04	4	451	Lam June	林婕	2YW	Uno Cycling Club				
7:05	5	567	Leung Wing Yee	梁穎儀	2YW	Ind.				
7:06	6	277	Lin Hoi Ching	練凱晴	2YW	Ind.				
7:07	7	802	Wong Lai Fan	黃麗芬	3MW	Ind.	ST			

#### YOUTH AGE 11-13, 5 Trophies

Start Time	Race #	Mem #	Name	Chinese Name	Grade	Club	Pick-up	Tra \$	Entry \$	Total \$
7:08	8	702	Cheung Chi Ngok	張馳岳	2Y	Ind				
7:09	9	489	Choi Ho Wang	蔡皓宏	2Y	Ind.				
7:10	10	725	Choi King Shing	蔡景城	2Y	Ind				
7:11	11	545	Choi Kwan Lok, Jason	蔡鈞樂	2Y	Ind				
7:12	12	724	Fong Cheuk Shan, Ryan	方卓山	2Y	Ind				
7:13	13	697	Ho Kin Ming	何健名	2Y	Ind.				
7:14	14	234	Liu Chung Yau	廖仲由	2Y	UNO Cycling Club				
7:15	15	722	Mock Ho Wen, Owen	莫皓雲	2Y	Ind				
7:16	16	398	Wong Chun Hin	黃振軒	2Y	Ind.				
7:17	17	227	Wu Chak Hei	胡澤禧	2Y	Uno Cycling Club				
7:18	18	543	Yip Hin Sing, Leo	葉衍星	2Y	Ind				

**MASTERS 30 - 39, 5 Trophies**

Start Time	Race #	Mem #	Name	Chinese Name	Grade	Club	Pick-up	Tra \$	Entry \$	Total \$
7:19	19	556	Cheung Wai Kit	張偉傑	3M	Ind.				
7:20	20	419	Chung Yuet Shan	鍾越山	3M	Ind.	HK			
7:21	21	761	Kwong Ka Ho	鄺嘉豪	3M	Ind.				
7:22	22	751	Lai Ka Po, Amber	黎嘉寶	3M	Ind.				
7:23	23	403	Lai Kwok On	黎國安	3M	Ind.				
7:24	24	764	Lam Yat Hang, Pierre	林逸衡	3M	Ind.				
7:25	25	362	Lau Dik	劉迪	3M	Ind.				
7:26	26	656	Leung Chun Kit	梁進傑	3M	Ind.				
7:27	27	456	Leung Siu Chung	梁兆棕	3M	Ind.				
7:28	28	232	Lui Kim Ho	呂劍豪	3M	UNO Cycling Club				
7:29	29	426	Miguel Huelamo		3M	Ind.				
7:30	30	805	Ng Kin Bong, Paul	吳健邦	3M	Ind.				
7:31	31	745	Ng Pak Kin	吳柏堅	3M	Ind.				
7:32	32	231	Ng Yuk San	吳玉新	3M	UNO Cycling Club				
7:33	33	216	Tam Shu Kei	譚書麒	3M	Ind.				
7:34	34	162	Tang Ka Wai Alex	鄧家威	3M	Ind.	HK			
7:35	35	530	Tsui Pak Chun	徐百俊	3M	Ind.				
7:36	36	412	Wong Fook Ping	黃福平	3M	Racing Force				
7:37	37	571	Wong Kai Kin	黃啟健	3M	Ind.				
7:38	38	809	Yau Wai Tung	游偉東	3M	Ind.				

**MASTERS 40 -49, 5 Trophies**

Start Time	Race #	Mem #	Name	Chinese Name	Grade	Club	Pick-up	Tra \$	Entry \$	Total \$
7:39	39	801	Au Tak Lai	歐德禮	4M	Ind.				
7:40	40	803	Chan Kwok Yeung	陳國陽	4M	Ind.	ST			
7:41	41	459	Chan Ming Hon, Johny	陳明翰	4M	Ind.				
7:42	42	471	Cheng Wai Keung	鄭衛強	4M	Ind.				
7:43	43	703	Cheung Ping Ka	張秉嘉	4M	Ind.				
7:44	44	253	Chu Kwok Fai	朱國輝	4M	Ind.				
7:45	45	342	Derek Leigh Chung		4M	Ind.				
7:46	46	572	Fung Tsz Ping	馮子平	4M	Ind.				
7:47	47	335	Lai Shing Fat, Ivan	黎承發	4M	Ind.				
7:48	48	386	Lam Wai Keung	林惠強	4M	Ind.				
7:49	49	534	Law Chi Hung	羅志雄	4M	UNO Cycling Club				
7:50	50	676	Leung Chi Wah, Raimond	梁志華	4M	Ind.				
7:51	51	714	Ng Ka Wang	吳嘉宏	4M	Ind.				
7:52	52	141	Ng Ngai Ping	吳毅平	4M	Ind.				
7:53	53	540	Ngai Shau Lun	倪受倫	4M	Ind.				
7:54	54	518	Tong Chi Hung, Philip	湯志雄	4M	Ind.				
7:55	55	653	Tsang Kwong Chiu, Kevin	曾廣釗	4M	Ind.				
7:56	56	563	Yeung Chi Pui	楊志培	4M	Ind.				
7:57	57	404	Yip Shui Man	葉瑞文	4M	Ind.				
7:58	58	654	Wong Hon Sang	黃漢生	4M	Ind.				

**MASTERS 50 & ABOVE, 3 Trophies**

Start Time	Race #	Mem #	Name	Chinese Name	Grade	Club	Pick-up	Tra \$	Entry \$	Total \$
7:59	59	460	Chan Chan Keung	陳燦強	5M	Ind.				
8:00	60	461	Lau Chi Wai	劉志偉	5M	Ind.				
8:01	61	174	Lau lu	劉耀恩	5M	Ind.				
8:02	62	463	Lee Hing Ling	李興寧	5M	Ind.				
8:03	63	804	Lim Boon Kee	林文祺	5M	Ind.				
8:04	64	233	Liu Wing Cheun	廖永全	5M	UNO Cycling Club				
8:05	65	599	Yung Kim Chung	翁劍忠	5M	Ind.	HK			

**YOUTH AGE 14-16, 5 Trophies**

Start Time	Race #	Mem #	Name	Chinese Name	Grade	Club	Pick-up	Tra \$	Entry \$	Total \$
8:06	66	370	Chan Ching Man	陳靖汶	2Y	Ind.				
8:07	67	340	Cheng Chung Yin	鄭仲言	2Y	Ind.				
8:08	68	715	Cheung Kuen Yiu	張權耀	2Y	Ind.	ST			
8:09	69	806	Chiu Ho San	趙昊燊	2Y	Ind.				
8:10	70	453	Chow Long Yin	周朗然	2Y	Uno Cycling Club				
8:11	71	207	Choy Hiu Fung	蔡曉鋒	2Y	Ind.				
8:12	72	741	Fung Pak Hei Matthew	馮柏羲	2Y	Ind.				
8:13	73	406	Ho Shek Yan	何碩恩	2Y	Racing Force				
8:14	74	106	Ip Ho Lam	葉灝霖	2Y	Ind.				
8:15	75	175	Kwan Ho Kam	關浩鑫	2Y	Ind.				
8:16	76	377	Lam Ka Chun	林嘉俊	2Y	Ind.				
8:17	77	170	Lam Kok Ho	林珏皓	2Y	Ind.				
8:18	78	558	Lau Wan Hei	劉允禧	2Y	Ind.				
8:19	79	701	Lau Wan Yau	劉允祐	2Y	Ind.				
8:20	80	554	LAW Ka Chun	羅嘉俊	2Y	Ind.	ST			
8:21	81	416	Law Kwun Wa	羅冠華	2Y	Ind.				
8:22	82	120	Leung Ka Ho	梁嘉浩	2Y	Ind.				
8:23	83	520	Leung Ka Yu	梁嘉儒	2Y	Ind.				
8:24	84	568	Leung Sing Hang	梁昇珩	2Y	Ind.				
8:25	85	238	Leung Wai Yan, Benson	梁瑋殷	2Y	UNO Cycling Club				
8:26	86	522	Lui Shing Wu	呂誠湖	2Y	Ind.	ST			
8:27	87	523	Mow Ching Yin	繆正賢	2Y	Ind.				
8:28	88	417	Ng Pok Hym, Paul	伍博謙	2Y	Ind.				
8:29	89	516	Tam Yau Yin, Lucas	譚佑賢	2Y	Ind.				
8:30	90	593	Tang Chun Fai	鄧俊輝	2Y	Ind.				
8:31	91	544	Wong Chak Hang, Jason	王澤鏗	2Y	Ind.				
8:32	92	202	Wong Kai Chun	黃啟臻	2Y	Ind.				
8:33	93	201	Wong Kai Wai	黃啟維	2Y	Ind.				

**ELITE B, 5 Trophies**

Start Time	Race #	Mem #	Name	Chinese Name	Grade	Club	Pick-up	Tra \$	Entry \$	Total \$
8:34	94	433	Chak Chun Wing	翟俊榮	2	Ind.				
8:35	95	374	Cheng Shung Hei	鄭崇曦	2	Ind.				
8:36	96	265	Cheng Tsz Yeung	鄭子洋	2	Ind.				
8:37	97	477	Chow Shu Keung	周樹強	2	Ind.				
8:38	98	458	Chui Hok Sam	徐學琛	2	Ind.				
8:39	99	421	Fan Man Chung	范彰聰	2	Ind.				
8:40	100	259	Lee Chung Yin	李仲賢	2	Ind.				
8:41	101	807	Lee Kin Ming	李健銘	2	Ind.				
8:42	102	372	Lee Lok Him	李洛謙	2	Ind.				
8:43	103	375	Li Luen Bun	李鑾彬	2	Ind.				
8:44	104	414	Luk Chun Chung	陸振中	2	Ind.				
8:45	105	478	Mak Shek Chung	麥石聰	2	Ind.				
8:46	106	378	Mok Wai Chuen	莫偉傳	2	Ind.				
8:47	107	405	Poon Ka Yin, Calvin	潘嘉賢	2	Racing Force				
8:48	108	660	See Kai Lam	施啟林	2	Ind.				
8:49	109	450	So Chun	蘇駿	2	Uno Cycling Club				
8:50	110	422	Tam Tsun Ming	譚進明	2	Ind.				
8:51	111	479	To Tsz Lok	杜子樂	2	Ind.				
8:52	112	503	Tsang Ka Ho, Himson	曾嘉豪	2	Racing Force				
8:53	113	269	Wong Hing	黃鑫	2	Ind.				
8:54	114	481	Wong Kai Shing	黃啟成	2	Ind.				
8:55	115	483	Wong Tang Fai	黃騰輝	2	Ind.				
8:56	116	557	Yip Chi Hang	葉智恒	2	Ind.				

**MTB, 3 Trophies**

Start Time	Race #	Mem #	Name	Chinese Name	Grade	Club	Pick-up	Tra \$	Entry \$	Total \$
8:57	117	401	Chan Ka Wing	陳家榮	3M	Ind.				
8:58	118	256	Chau Chun Yin	周雋賢	2Y	Ind.				
8:59	119	762	Cheng Chak Shing	鄭澤誠	2	Ind.				
9:00	120	409	Choi Mun Po	蔡滿寶	3M	Racing Force				
9:01	121	331	Lai Ka Kui	黎家駒	3M	Ind.				
9:02	122	334	Lau Chin To	劉展圖	2	Ind.				
9:03	123	651	Tse Wing Man	謝永文	3M	Ind.				

**JUNIOR, 3 Trophies**

Start Time	Race #	Mem #	Name	Chinese Name	Grade	Club	Pick-up	Tra \$	Entry \$	Total \$
9:04	124	408	Andrewi Gonzalez	江卓祺	2J	Racing Force				
9:05	125	368	Chan Wing Chun	陳穎駿	2J	Ind.				
9:06	126	808	Chau Man Fung	周民豐	2J	Ind.				
9:07	127	381	Cheng Wang Hin	鄭宏軒	2J	Ind.				
9:08	128	361	Cheng Yun Ki	鄭潤綺	2J	Ind.				
9:09	129	591	Cheung Ka Ho, Ryan	張家浩	2J	Ind.	HK			
9:10	130	615	Law Tsz Chun	羅梓駿	2J	Ind.	KLN (2)			
9:11	131	485	Li Wai Lun	李緯倫	2J	Racing Force				
9:12	132	373	Luk Tsz Fai	陸梓輝	2J	Ind.				
9:13	133	592	Yim Ho Wai	嚴浩煒	2J	Ind.				

**OPEN, 5 Trophies**

Start Time	Race #	Mem #	Name	Chinese Name	Grade	Club	Pick-up	Tra \$	Entry \$	Total \$
9:14	134	438	Sum Man Kuk	沈文曲	2Y	Ind.				
9:15	135	220	Daniel Brown		4M	Colossi				
9:16	136	504	Fred Clatworthy		4M	Racing Force				
9:17	137	415	Clinton.D.Mackevicius		3M	Ind.				
9:18	138	177	Colin Edmund Robertson		3M	Colossi				
9:19	139	382	Darren Benson		3M	Ind.				
9:20	140	502	Lamb Robert William		3M	Racing Force				
9:21	141	390	Tang Wing Kit	鄧永傑	3M	Ind.				
9:22	142	211	Lewis Fellas		3M	Racing Force				
9:23	143	424	Chiu Siu Jun	趙紹津	2	Ind.				
9:24	144	402	Michael Maiers		3M	Racing Force				
9:25	145	389	Sin Ka Yung	冼嘉湧	2	Ind.				
9:26	146	411	Ng Tin Lun, Jeff	吳天麟	3M	Racing Force				
9:27	147	525	Cheng Cheuk Chun	鄭卓雋	1	Ind.				
9:28	148	505	Cheung Fu Shiu	張富肇	2	Racing Force				
9:29	149	391	Cheung Chun Woh	張鎮和	1	Ind.				
9:30	150	157	Li Yin Shun	李諺信	2	Racing Force				
9:31	151	760	Chan Yat Tin	陳日天	1	UNO				
9:32	152	527	Kan Koon Hang	簡冠恒	1	Ind.				
9:33	153	524	Tang Wang Yip	鄧宏業	1	Ind.				
9:34	154	394	Chau Dor Ming, Domino	仇多明	1	Ind.				

**取消比賽指引**

情況1. 如天文台於比賽集合前(灣仔集合點)30分鐘宣告掛上紅色或黑色暴雨警告訊號, 3號風球或以上, 是日比賽將會取消。

情況2. 如天文台於開賽前宣布雷暴警告至原定的開賽時間後一小時仍然生效, 是日比賽或活動取消。

(例如: 開賽時間為早上7:00, 天文台宣佈雷暴警告生效時間至早上8:00, 比賽取消。)

\*請注意, 賽事將會於上述其中一種情況下取消。

如有任何查詢, 可於比賽當日致電9159 9514與當值職員查詢。

**GUIDANCE FOR RACE CANCELLATION**

Situation1. 30 minutes prior to the gathering in Wanchai, the Hong Kong Observatory still hanging the red/black rainstorm warning, typhoon signal no. 3 or above.

Situation2. The race will be cancelled under the situation that the thunderstorm warning announced by the Hong Kong Observatory will be being in force 1 hour after the official race start time (e.g. The race start time is 7:00 a.m. and the Hong Kong Observatory announced the thunderstorm warning will be being in force until 8:00 a.m., the race will then be cancelled.)

\*Please note that, Race will be cancelled under situation 1 or 2.

Should you have any queries, please feel free to contact the HKCA staff at 9159 9514.

**本地賽事頒獎指引:**

如參與該組別人數不足五名, 該組別將會被合併。

如參與該組別人數只有五名, 該組別只獎勵一名運動員, 即冠軍一名。

如參與該組別人數有六至八名, 該組別將獎勵前三名運動員, 即冠, 亞, 季軍。

如參與該組別人數有九名或以上, 該組別將獎勵前五名運動員, 即冠, 亞, 季, 殿軍及第五名。

參賽人數以比賽十日前截止報名時為準。

即截止報名時如參賽人數為五人, 該組別只會獎勵一名運動員, 如再有運動員於截止後報名, 獎項亦不會增加。

**Guideline for Prize Presentation of Local Race**

1. Merged categories will be happened if there are less than 5 participants in a category

2. Only the winner will be awarded when there are only 5 participants in the category

3. Winner, 1st runner up and 2nd runner up will be awarded when they are 6-8 participants in the category

4. The top 5 riders will be awarded when there are more than 9 participants in the category

The number of participants of each category will be counted at the deadline (10 days before the race). Even late entries are accepted, no additional award(s) will be given. e.g. There are only 5 participants enrol for the race before the deadline. Only the winner will be awarded, even there are late entries after the deadline.

1. All riders should strictly follow the traffic rule, who refuse to comply has bear their own risk and responsibility

所有運動員必須嚴格遵守香港交通法例, 違例者責任自負。

2. Rider should not warm up in the racing course, fail to comply will be subjected to time penalty.

運動員不可以在賽道熱身, 違例者將遭受加時的處罰。

3. On-the-spot transportation is first-come-first-serve basic, spectator is not allowed to carry bicycle.

即場乘車服務只會以先到先得形式提供, 觀眾乘車不可攜帶單車

4. All participants must sign-on in person.

參加者必須親身簽到。

Please settle the unpaid entry fee and transportation fee before you start.

Entry Fee : \$40 / \$20

On-the-spot enrollment fee \$100

**Transportation Arrangement 交通安排****Gathering Time :**

5:00 HK - Thomson Road (Next to Wanchai MTB Station, the Entrance of O'Brien Road)

香港站: 香港灣仔譚臣道(近灣仔地鐵站, 柯布連道出口)

5:15 KLN - G.T. College (Mongkok Campus) (Junction of Shantung Street and Sai Yee Street)

九龍站: 九龍旺角山東街與洗衣街交界, 優才書院(旺角志潔分校)

5:30 NT - Citibank, Shatin Centre Street, Shatin, NT

新界站: 沙田正街, 花旗銀行

**Dismissal Points 解散地點:**

HK 香港站: Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, HK 香港銅鑼灣掃桿埔大球場徑1號奧運大樓

KLN 九龍站: Romantic Hotel, Kent Road, Kowloon Tong 九龍塘根德道理想酒店

NT 新界站: Shatin Rowing Centre, 27 Yuen Wo Road, Shatin 新界沙田源禾路27號, 沙田賽艇中心

**聲明 Waiver and Release Agreement**

I certify that I am entering this race at my risk and responsibility. I agreed to abide by the regulations, policies and anti-doping policy of Hong Kong Cycling Association. I for myself, my executors and administrators, do hereby waive and release, any and all rights, claims and causes of action I have or may have against Hong Kong Cycling Association and all sponsors, promoters, supporters and all other contributors from any and all liability arising from illness, injury, death, loss and economic consequences I may suffer as a result of my entry in this event from any cause whatsoever, including negligence. I certify that I am physically fit and sufficiently trained to compete for the completion of this event. I grant permission and assign all rights, title and interest to the organizer to utilize my appearance, name, voice biodata and likeness in connection with the race in any and all media throughout the world in perpetually and agree to waive any rights of inspection or approval associated.

謹證明本人是自願參加比賽, 並願意自行承擔所有責任。本人亦謹遵守賽會之一切規則, 決定包括藥物檢查條例。本人、本人之繼承人、本人之遺囑執行人及本人之管理人謹此豁免香港單車聯會, 所有贊助商、支持是項活動之團體及任何有關之團體對於本人因參加是項比賽而由任何原因, 包括疏忽, 所引致之疾病、死亡、個人損失之任何法律責任, 以及放棄任何有關之權利、索償及追究行動。本人亦同時聲明本人身體狀況良好及具備足夠訓練完成賽事。本人願意授權大會及傳媒在無須本人審查而可以使用本人的肖像、姓名、聲線及個人資料作為活動籌辦及推廣之用。