

Hong Kong Indoor Cycling National Championships 2022								v.1
Start Sheet								
Presented by The Cycling Association of Hong Kong, China Ltd								
Sponsored by Leisure and Cultural Services Department								
Date :	9-Oct-22			(Sunday)				
Venue :	Hong Kong Velodrome							
Time:	09:00 Preparation / 09:15 Warm-up / 09:45 Start							
Chief Commissaire :	LAM Kam Bong							
Commissaire :	CHAN Yim Bing, HO Shui Man, LAM Kwan Ho, LO Kit Ping, LO Kit Ying, SHING Sau Ping Semeul, TSANG Chun Man, YUEN Hin Sing Tommy							
Scorer :	KWOK Ching Yi, WONG Wai Yee							
Starter :	CHEUNG Lai Yi, FAN Wai Sin							
Official :	Ivan LEE, Timothy MOK							
COURT A								
Pair Women (Medal 1-3 x 2)								
Time	Name	姓名	Club	Personal Record	Prog	Result		
09:45	Chan Wanghei	陳泓熙	SCAA	55.35	69.6			
	Wong Sum Yi	王心怡	SCAA					
	Ho Dong Qing	何冬晴	SCAA	68.14	87.4			
	Lam Cheuk Yu	林芍如	SCAA					
	So Ka Man Kammy	蘇嘉敏	SCAA	85.73	103.6			
	Wong Hiu Shuen	黃曉船	SCAA					
Single Women Pupil U13 (Medal 1-2)								
Time	Name	姓名	Club	Personal Record	Prog	Result		
	Wong Miu Chi	黃妙姿	IND.	22.18	25.0			
	Huang Ching Laam	黃靖嵐	SCAA	18.15	28.1			
Single Men Pupil U13 (Medal 1-3)								
Time	Name	姓名	Club	Personal Record	Prog	Result		
	Wong Hung Sing	黃鴻昇	IND.	12.01	16.5			
	Chuk Cheuk Yin	祝卓賢	SCAA	18.20	23.4			
	Chiu Long Hin	趙朗軒	IND.	19.33	26.7			
	Fock Ho Ching	霍浩正	IND.	23.17	28.7			
	Ip Lai Chun	葉灃濶	IND.	33.49	37.2			
	Lee Shing Hin Joshua	李承軒	SCAA	42.88	44.7			
	Yip Tin Lok	葉天樂	SCAA	45.96	53.0			
Team 4 (Medal 1 x 4)								
Time	Name	姓名	Club	Personal Record	Prog	Result		
	Ho Dong Qing	何冬晴	SCAA	99.90	110.9			
	Lam Cheuk Yu	林芍如	SCAA					
	So Cheuk Lam	蘇卓林	SCAA					
	Wong Cheuk Sze	黃卓思	SCAA					
Single Women Pupil U15 (Medal 1-3)								
Time	Name	姓名	Club	Personal Record	Prog	Result		
	Cheung Shun Wai	張信謙	SCAA	11.45	12.1			
	Ho Yui Kiu Gloria	何蕊蕎	SCAA	10.37	17.9			
	Ng Man Yi	吳文懿	SCAA	51.30	54.8			
Single Men U19 (Medal 1-3)								
Time	Name	姓名	Club	Personal Record	Prog	Result		
	Cheung Shun Him	張信謙	SCAA	25.65	27.5			
	Ng Man To	吳文滔	SCAA	63.68	78.6			
	Lai Cheuk Hei	黎卓曦	SCAA	95.11	100.1			
Single Women Elite (Medal 1-3)								
Time	Name	姓名	Club	Personal Record	Prog	Result		
	So Cheuk Lam	蘇卓林	SCAA	102.40	103.6			
	Ho Dong Qing	何冬晴	SCAA	97.30	105.5			
	Wong Hiu Shuen	黃曉船	SCAA	101.40	117.0			
	So Ka Man Kammy	蘇嘉敏	SCAA	104.55	122.1			

Record :								v.1
Discipline		Name	Date	Event				Point
Single Boy U11		Tang Hiu Fung	9-Dec-18	Hong Kong Indoor Cycling Race				80.20
Single Boy U13		Chan Yat Nam	13-Dec-15	Hong Kong Indoor Cycling Championships				98.54
Single Boy U15		Chan Yat Nam	8-Oct-17	Hong Kong Indoor Cycling Race				105.49
Single Junior Men		Wong Chin To	10-Jul-11	Hong Kong Indoor Cycling Championships				147.23
Single Men Elite		Wong Chin To	8-Dec-19	World Indoor Cycling Championships				179.28
Pair Men		Yu Pok Man / Ip Hin Bon	30-Oct-16	Hong Kong Macau Interport				135.65
Single Girl U11		So Cheuk Lam	23-Oct-11	Hong Kong Indoor Cycling Championships				60.02
Single Girl U13		So Cheuk Lam	27-Oct-13	Hong Kong Macau Interport				83.92
Single Girl U15		So Cheuk Lam	25-Oct-15	Hong Kong Macau Interport				96.26
Single Junior Women		Luk Wing Yi	17-Aug-14	Hong Kong Indoor Cycling Championships				108.72
Single Women Elite		Luk Wing Yi	17-Aug-14	Hong Kong Indoor Cycling Championships				108.72
Pair Women		Wong Hiu Shuen / So Ka Man	6-Aug-16	Asian Championships				85.73
Team 4 Open		Ho Dong Qing / Lam Cheuk Yu	11-Sep-22	Hong Kong Indoor Cycling Race				99.90
		So Cheuk Lam / Wong Cheuk Sze						
COURT B								
Pair U19 (Medal 1-2 x 2)								
Time		Name	姓名	Club	Personal Record	Prog	Result	
09:45		Lee Shing Hin Joshua	李承軒	SCAA	26.90	31.9		
		Yip Tin Lok	葉天樂	SCAA				
		Ng Man To	吳文韜	SCAA	45.91	55.2		
		Ng Man Yi	吳文懿	SCAA				
Pair Open (Medal 1-2 x 2)								
Time		Name	姓名	Club	Personal Record	Prog	Result	
		Hui Chun Yin	許竣然	SCAA	111.12	127.2		
		Hui Chun Wai	許晉瑋	SCAA				
		Lim Tsz Him Jeff	林子軒	SCAA	121.27	135.0		
		Lim Tsz Leung Ronald	林子樑	SCAA				
Single Men Pupil U11 (Medal 1-3)								
Time		Name	姓名	Club	Personal Record	Prog	Result	
		Pang Wai Tung	彭煒童	IND.	-	16.5		
		So Pak Lun	蘇柏綸	IND.	12.27	16.5		
		Wong Ching Him Marcus	黃正謙	SCAA	24.03	31.0		
		# Leung Ho Wai	梁皓瑋	SCAA	36.85	42.3		
Single Women Pupil U11 (Medal 1-3)								
Time		Name	姓名	Club	Personal Record	Prog	Result	
		Ng Yan Wun	吳欣桓	SCAA	14.43	20.0		
		Ip Chun Hei	葉灋禧	IND.	30.00	32.0		
		Lam Ching Yin	林清妍	SCAA	32.08	36.5		
Single Men Pupil U15 (Medal 1-3)								
Time		Name	姓名	Club	Personal Record	Prog	Result	
		Wu Lok Hei	胡洛羲	SCAA	19.12	24.5		
		Yeung Cheuk Heng	楊卓衡	IND.	33.50	39.7		
		Tsui Lok Yin Michael	徐樂然	SCAA	52.35	53.1		
Single Women U19 (Medal 1-3)								
Time		Name	姓名	Club	Personal Record	Prog	Result	
		Wu Man Ching	胡閔澄	SCAA	23.29	27.7		
		Chong Hei Yu	鍾希瑜	SCAA	60.75	64.2		
		Chan Wanghei	陳泓熙	SCAA	90.49	101.4		
		Wong Sum Yi	王心怡	SCAA	95.15	100.4		
Single Men Elite (Medal 1-3)								
Time		Name	姓名	Club	Personal Record	Prog	Result	
		Lim Tsz Him Jeff	林子軒	SCAA	117.05	138.3		
		Lim Tsz Leung Ronald	林子樑	SCAA	120.97	139.2		
		Hui Chun Yin	許竣然	SCAA	123.37	140.1		
		Hui Chun Wai	許晉瑋	SCAA	127.24	148.9		
		Wong Chin Man	黃展文	IND.	141.08	153.5		
		Chan Yat Nam	陳日楠	SCAA	147.16	166.9		
		# First Start						